



A National Community Forum on Adolescent Health Care

The Door – A Center of Alternatives Adolescent Health Center

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The Door, A Center of Alternatives

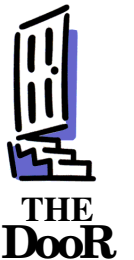
A multi-service youth development agency, founded in 1972, with the goal of providing a full range of integrated services at a single site, free of charge to any adolescent between the ages of 12 and 21. The Door's mission is to empower young people to reach their potential by providing comprehensive youth development services in a caring, supportive environment, where young people are treated with respect and confidentiality.





Services Provided at The Door

- i Health Care
- i Counseling
- i Education
- i Legal
- i Career





The Door Adolescent Health Center (AHC)

- i Adolescents between the ages of 12 and 21
- i Over 8,000 appointments annually
- i 4,090 patients seen in 2005
- i Youth-centered, confidential, safe environment





AHC Patient Demographics

- i 78% patients/female
- i 22% patients/male

- i 39% age 18-19
- i 33% age 15-17
- i 25% age 20-21
- i 2% age 12-14
- i 1% age 21+

- i 48% Black
- i 30% Latino
- i 8% Asian
- i 8% Other
- i 6% White

- i 79% Uninsured
- i 21% Public Health Insurance



Health Care Needs of Urban Adolescents

- i Primary Health Care
- i Reproductive Health Care
- i Prenatal Care
- i Health Education
- i HIV Education, Counseling and Testing
- i Mental Health Counseling
- i Dental Services



The Door's Health Care Services

- i Primary Health Care
 - Physical examinations
 - Nutrition counseling
- i Reproductive Health Care
 - Pelvic and testicular exams
 - STI testing and treatment
 - Birth control counseling & methods
 - Emergency contraception
 - Pregnancy testing
- i Health education
- i HIV education, counseling and testing
- i Mental health counseling
- i Dental Program
 - Prophylaxis
 - Sealant
 - Fluoride treatment
- i Onsite medical dispensary and laboratory





Challenges to Adolescents in Accessing Health Services

- i Financial barriers
- i Access to services
- i Navigating the health care system
- i Parental consent
- i Misinformation
- i Anxiety/Embarrassment



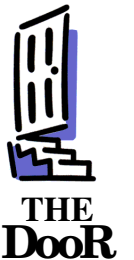
Challenges of Providing Services to Adolescents

- i Funding gaps
- i Continuity of care
- i Attaining parental consent
- i Patient compliance with medical advice
- i Adolescent “priorities”



Coordination of Services

- i Door staff facilitate referrals and serve as case managers
- i Onsite “wrap around” services
- i Linkage agreements with community partners
- i Referral networks
- i Entitlements counseling





2005 AHC Successes

- i 6,996 family planning visits (male/female)
- i 72% ratio of continuing male and female patients
- i 1,510 HIV tests administered
- i Provided health education to 10,422 students through school and community based outreach
- i Education, communication and skill building sessions provided to 525 parents/adults



AHC Environment

- i Adolescent-friendly environment
- i “Open-access” scheduling system
- i Peer education
- i Culturally-sensitive staff
- i Confidential communication to patients





Opportunities to Enhance the Provision of Services

- i Increased/level funding
- i Supportive legislation
- i Partnerships to provide services to “disconnected” youth