

# ***Maternal Depression Earmark***

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# ***Background***

- In area of postpartum depression, HRSA recognizes that for some women depression may begin prior to delivery
- HRSA will continue to collaborate with the National Institute of Mental Health, the Substance Abuse and Mental Health Services Administration and other federal partners in the development of screening and referral programs
- Safe Motherhood activity funding feasibility study and evidenced-based report

# ***Continue Ongoing MCHBIHRSA Work on Postpartum Depression***

- Identify best practices for education of health providers and grassroots staff on recognition of perinatal depression and appropriate screening tools as well as establishment of support groups and referral hotlines

# ***Multilingual Health Education Campaign***

- In partnership with key national organizations and other key stakeholders will launch a multilingual health education campaign
- Campaign will focus on critical gaps in materials available to young mothers

## ***Health Education Campaign will address the following:***

- Recognition of perinatal depression
- Why important to seek help
- How young mothers can obtain help from local maternal and child health providers

# ***Purpose of Grant Program:***

- Launch intensive multi-lingual public health campaign that will promote mental wellness for mothers and children
- Promote better understanding of perinatal depression and warning signals associated with it

# ***Goals:***

- Increase number of women and families who seek treatment
- Increase number of providers who can recognize symptoms of perinatal depression
- Provide screening for perinatal depression, refer and treat as indicated
- Reduce stigma associated with perinatal depression

# ***Building on State's Existing Capacities***

- Hotlines
- American College of Obstetricians and Gynecologists chapters with partnership grants
- Link with Healthy Start sites doing depression screening
- Postpartum Support International and other efforts

# ***Importance of early screening and referral***

- Effective screening and intervention for depression are critical components in primary care for women
- Early diagnosis and treatment allow women to lead healthy and productive lives
- Untreated depression has negative implications for well-being women and their families

# ***Details of Grant Program***

- Funding will be in form of grants
- Approximately \$1 million will be available to fund up to five grants
- Award level: \$150,000 to 250,000
- Funding start date: September 30, 2004 for one year period

# For Additional Information:

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