

School Based Health Centers (SBHC) : Strengthening and Documenting Practice

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School-Based
Health Care

Bringing Health Care to Schools for
Student Success

What is an SBHC?

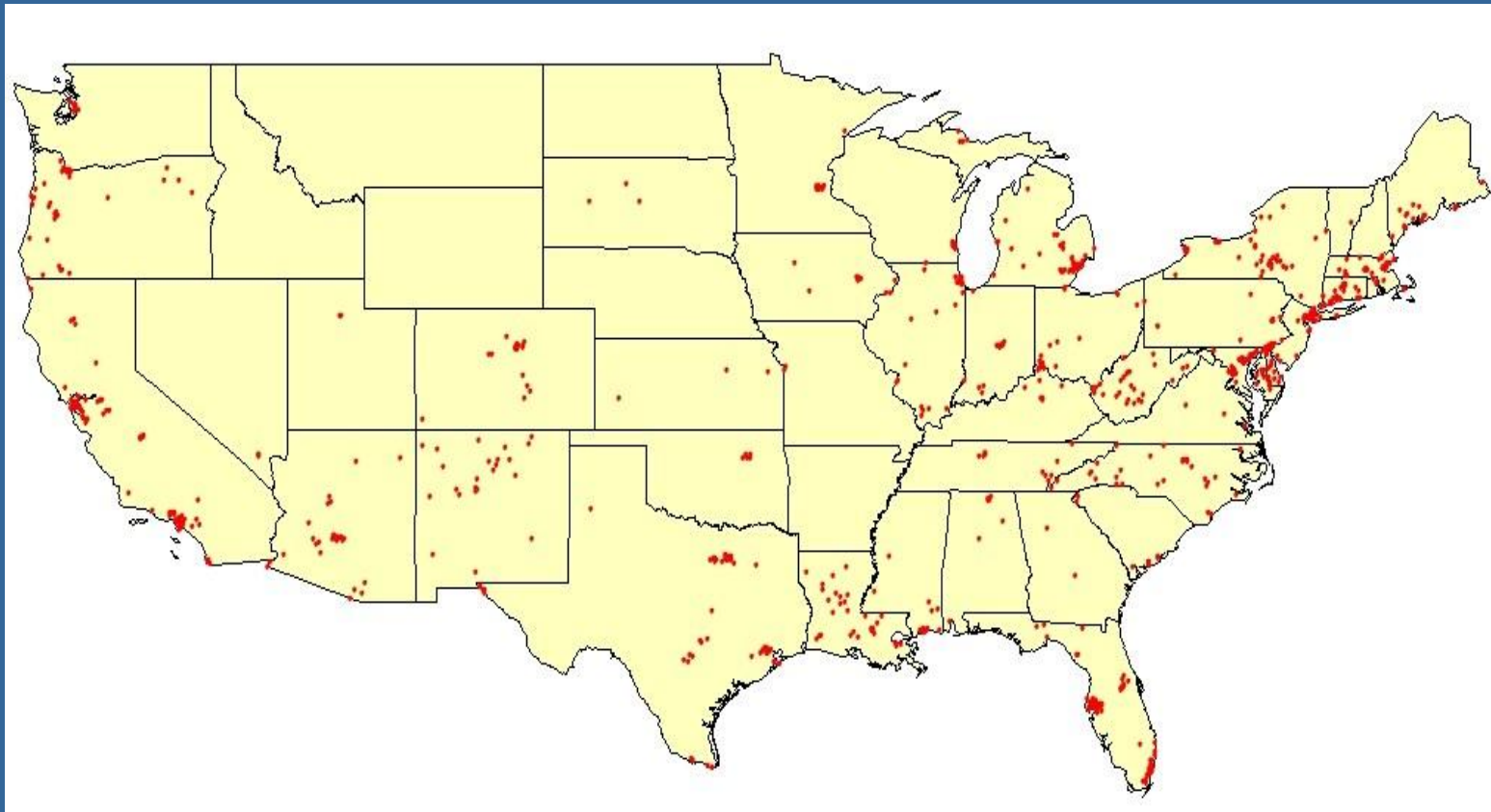
- | Partnerships created by schools and community health organizations to provide on-site medical and mental health services that promote the health and educational success of school aged children and adolescents.

Principles for SBHCs

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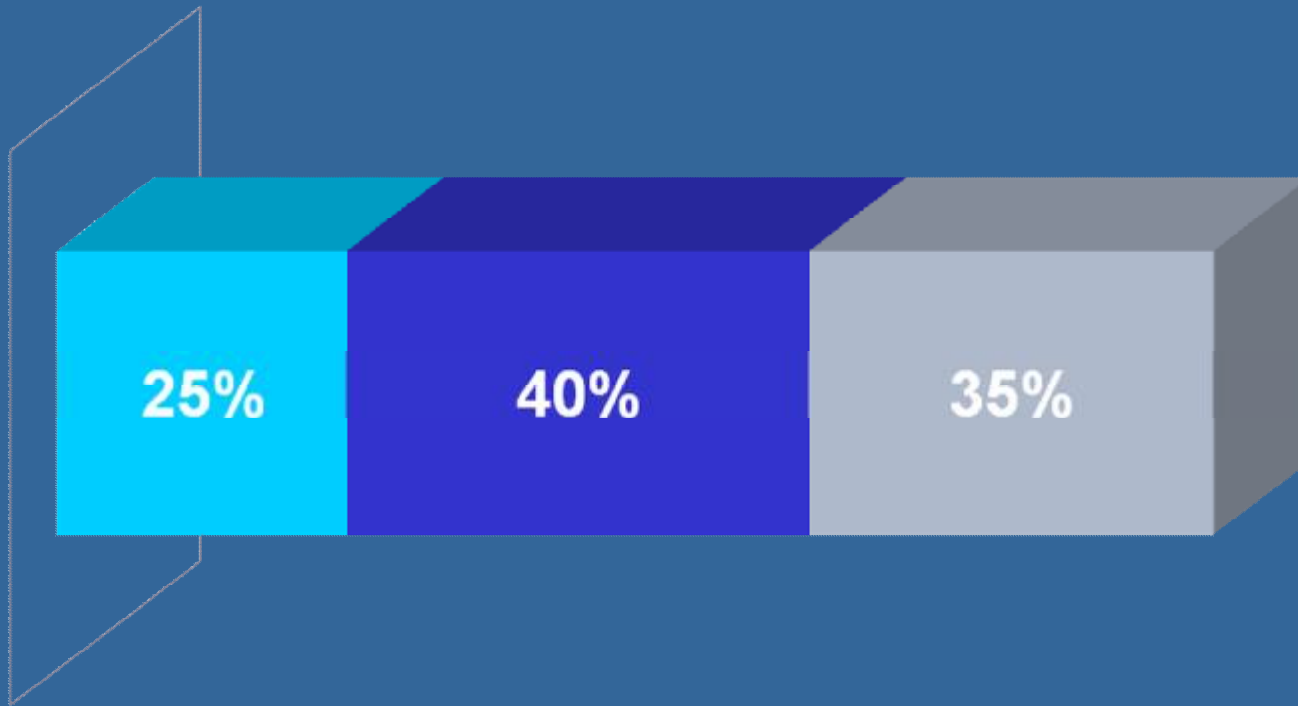
- | Supports the school
- | Responds to the community
- | Focuses on the student
- | Delivers comprehensive care
- | Advances health promotion activities
- | Implements effective systems
- | Provides leadership in adolescent and child health

Where are SBHCs? (n=1905, 2008)



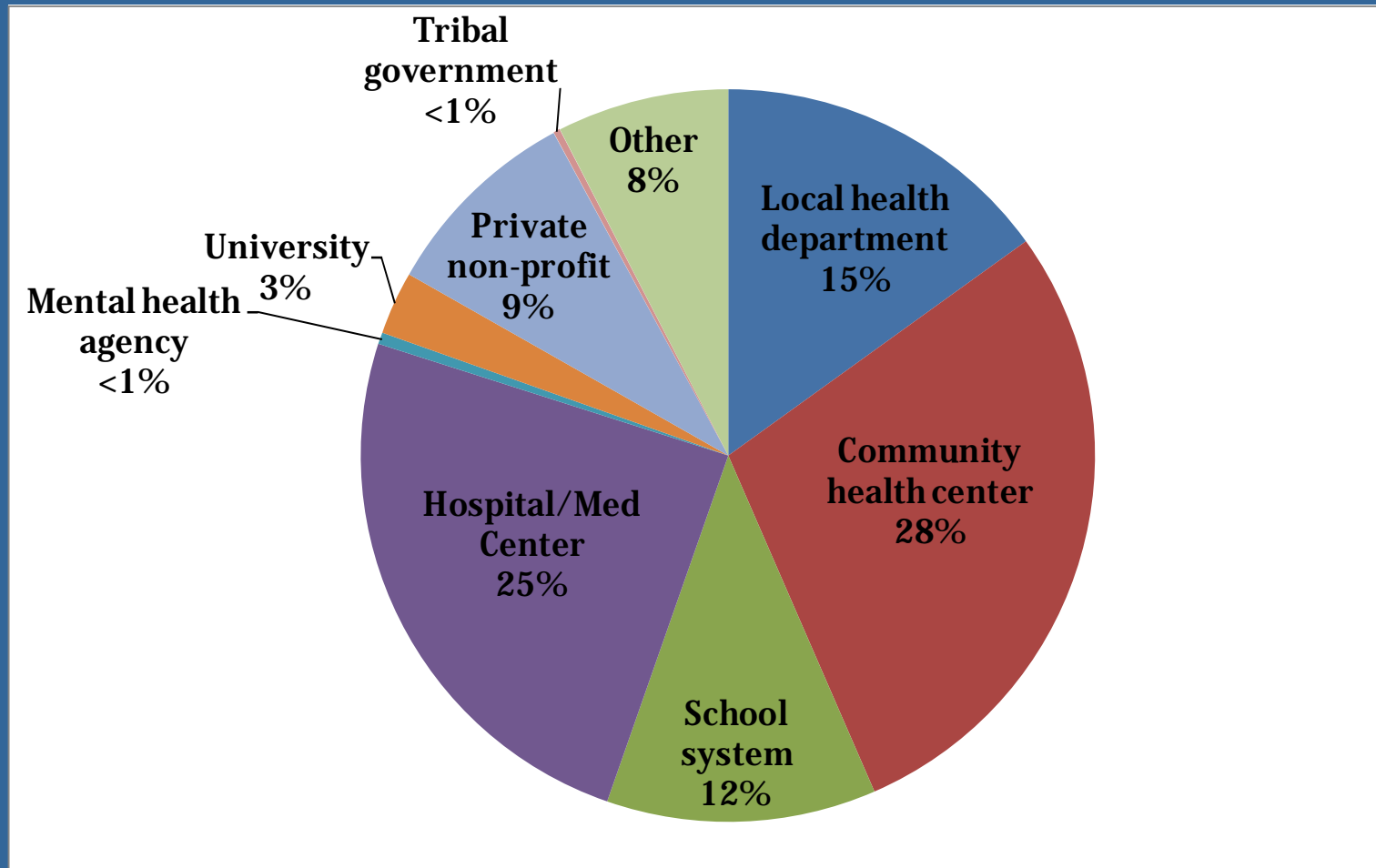
SBHCs by Staffing Model (N=1096)

■ PC only ■ PC/MH ■ PC/MH +



SBHCs by Sponsoring Agency

(n=1096)



Questions Regarding Measurement of Quality in SBHCs

- | Are the things we want to measure truly important to the health of students?
- | Do the measures identify good health and care?
- | Can clinical practice make an impact on these conditions?
- | Are the measures practical?
- | Do they work in the field?

Evaluation of Clinical Services in SBHCs (CQI Tool)

N
A
S
B
H
C

- | Sentinel conditions as a marker of the quality of clinical care
- | The foundation is an annual risk assessment and biennial physical exam
- | Limited number of conditions allows for meaningful evaluation
- | Intent is for the tool to be flexible

NASBHC's CQI Tool: The Difference

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- | What SBHCs can do to improve quality so they can be compared to others. Are there places they are more poised to do this?
- | Where are the opportunities to have an impact the greatest? Are the SBHCs doing that work?
- | School performance
- | Every provider's responsibility:
 - Mental Health
 - Oral health

Challenges

- | Competing demands for data : funders, state government, sponsoring institution
- | Not all have access to an electronic medical record (32% in 2008/09)
- | Population mobility
- | A field that is under resourced and threatened by declining state budgets

Opportunities

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- | The opportunity to stretch the boundaries of what gets measured and influence how primary care for children and adolescent is envisioned in the future
- | Immediate access to a population and in particular a population affected by health disparities
- | Interest and enthusiasm in the field

NASBHC Benchmarking Efforts

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- | Compare ourselves to other apples, not oranges
- | Document the SBHC experience for improvement and advocacy
- | Support with tools and resources:
 - CQI Tool
 - Productivity Template
 - Cost Tool
 - Mental Health Program Evaluation Tool