

THE NATIONAL ACADEMIES

Advisers to the Nation on Science, Engineering, and Medicine

Division of Behavioral and Social Sciences and Education
and the Institute of Medicine

BOARD ON CHILDREN, YOUTH, AND FAMILIES PLANNING MEETING ON MATERNAL DEPRESSION

The National Academies

500 Fifth Street, NW

Room 201

Washington, DC

May 24-25, 2006

Agenda

May 24th

Noon – 1:30 pm Luncheon (transition from spring BCYF meeting)

1:00 pm Welcoming remarks, overview, purpose of the meeting

Rosemary Chalk, BCYF director

William Beardslee, Children's Hospital of Boston and BCYF member

Patrick Chaulk, Annie E. Casey Foundation

Mareasa Isaacs, National Alliance of Multi-Ethnic Behavioral Health Associations

Participant self- introductions

1:45 pm Session 1: What does science tell us about the origins and scope of maternal depression?

Discussion Leader: Mary Jane England, Regis College and BCYF member

3:00 pm Session 2: What do we know about the impact of maternal depression on adults and children? How does this problem affect childbearing, pregnancy, parenting, and children?

Discussion Leader: Judy Garber, Vanderbilt University

Presentation: Beth Hair, Child Trends -- Overview of research on the impact of maternal depression on 3rd graders

General Discussion

May 24th (cont)

4:30 pm **Session 3: What has been learned from research on and experience with different treatment interventions? What adult and child outcomes are important to monitor?**

Discussion Leader: Ardis Olson, Dartmouth College

6:00 pm **Dinner at the Keck Center, The National Academies**

May 25th

8:00 am **Breakfast**

8:30 am **Session 4: Recap from Day 1**

Discussion Leader: Rosemary Chalk

General Discussion

9:15 am **Session 5: What opportunities exist to prevent maternal depression?**

Discussion Leader: Pat Mrazek, consultant, Rochester, MN

Presentations:

William Beardslee, Children's Hospital, Boston – prevention opportunities in early childhood settings

Joan Yengo, Mary's Center, Washington, DC – Healthy Families, DC: Starting Early, Starting Smart initiative

General Discussion

10:30 am **Session 6: What policies and stakeholder interests create challenges to or opportunities for efforts to address the problem of maternal depression?**

Discussion Leader: Jane Knitzer, Columbia University

Noon **Concluding Remarks and Adjourn**

William Beardslee and Rosemary Chalk

12:15 **Luncheon will be available for those who wish to stay**