

Workshop on Depression and Parenting

*Exploring Opportunities and
Challenges Related to Policy,
Legislation, and Financing*

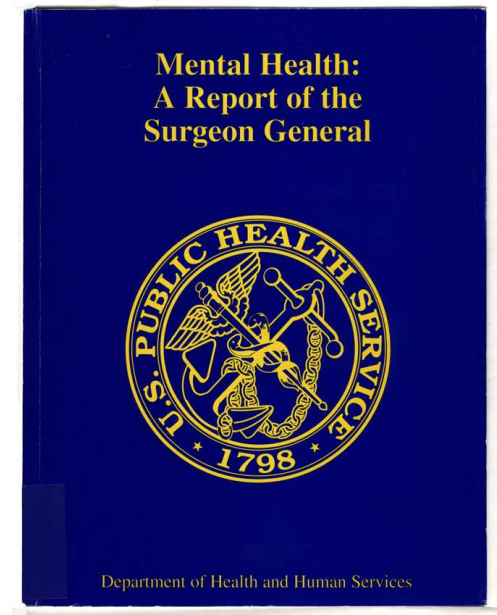
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Director of Special Projects
California Institute for Mental Health





Surgeon General

- Established the scientific case for effective mental health practice
- Identified gaps between current practice and potential
- Highlighted inequities based on race and culture
- Laid the groundwork for President's New Freedom Mental Health Commission



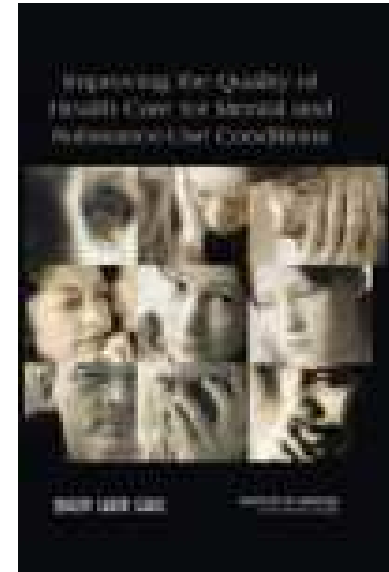
Mood Disorders

- Majority of individuals with depression receive no specific form of treatment
- 50 to 70 percent of depressed patients who complete treatment respond to either antidepressants or psychotherapies
- The active treatment effect for major depression typically ranges from 20 to 40 percent, after accounting for a placebo response rate of about 30 percent

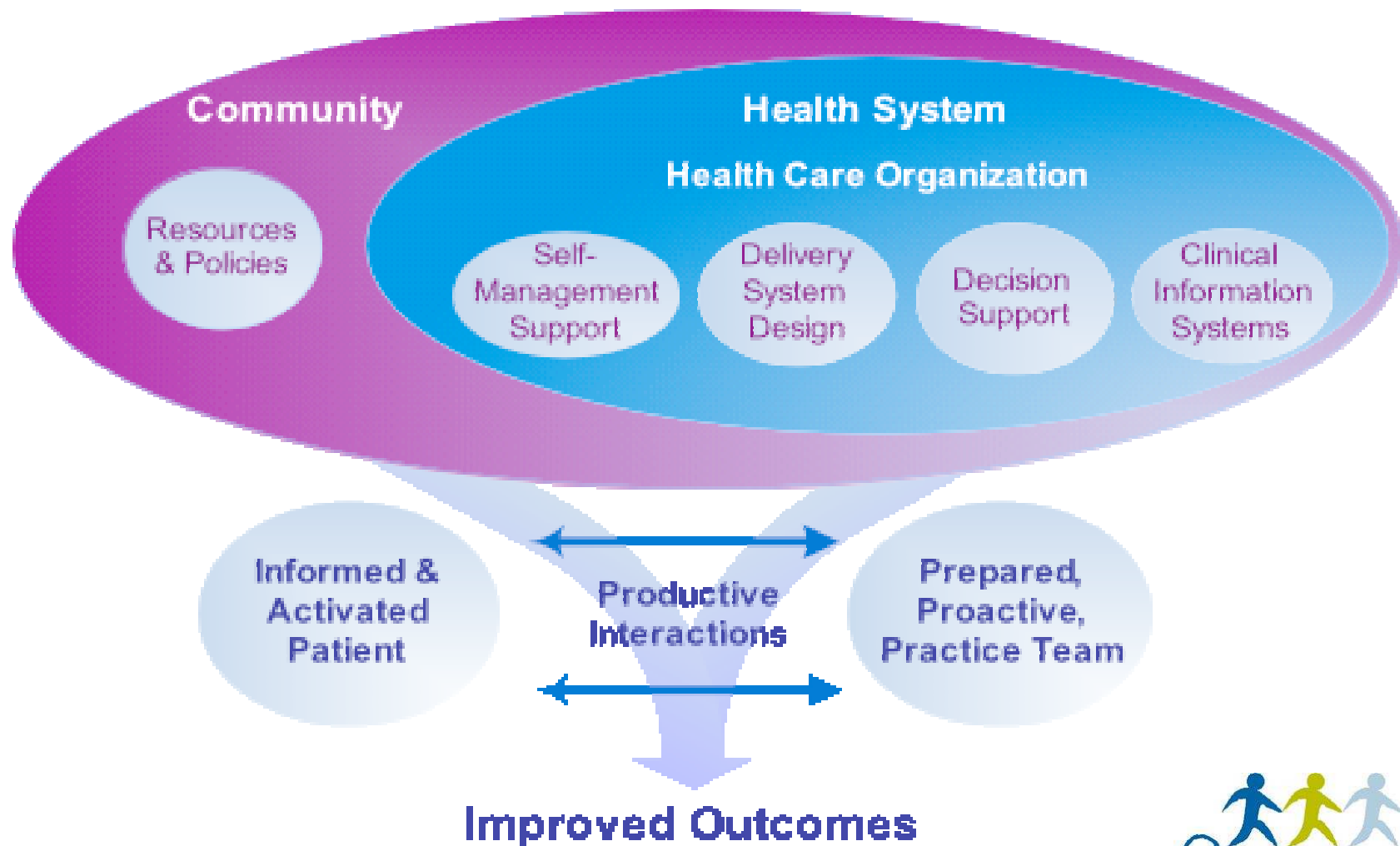
IOM 2005 Report

- **Improving the Quality of Health Care for Mental and Substance-Use Conditions**

- providers must fundamentally change their approach toward patients
- *providers should incorporate informed, patient-centered decision-making throughout their practices, including active patient participation in the design and revision of patient treatment and recovery plans...*



Chronic Care Model



Mental Health Care Model



Shared Decision Making

- Near universal client desire to receive health care information and to participate in treatment decision-making
- Leads to improvements in the provider-client relationship and health outcomes, such as treatment adherence, treatment satisfaction, and biomedical outcomes
- Can be very effective in promoting consumer engagement in and responsibility for his or her care. An interaction of mutual respect is fostered and modeled. This can be a confidence builder for consumers
- Shared decision-making can be empowering to individuals

CalMEND: A Quality Improvement Project to Promote Wellness and Recovery for Individuals with Mental Illness

...integrating recovery, quality of care and pharmacotherapy

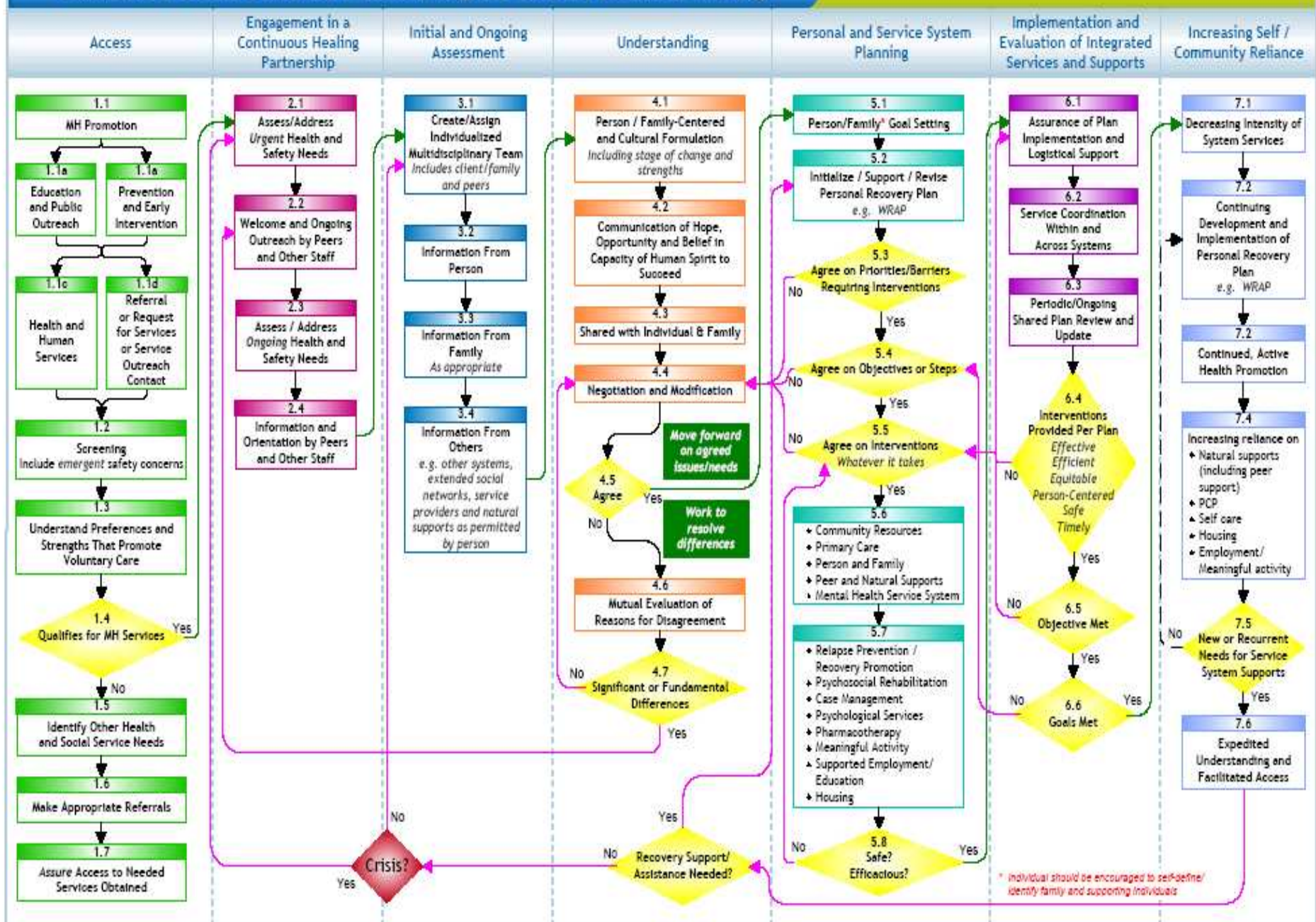


CALIFORNIA DEPARTMENT OF
Mental Health



Improving Care. Transforming Lives. Together.

CalMEND Person-Centered Process Map for Shared Decision-Making



CaMEND Person-Centered Process Map for Shared Decision-Making

Access

Engagement in a
Continuous Healing
Partnership

Initial and Ongoing
Assessment

Understanding

Personal and Service System
Planning

Implementation and
Evaluation of Integrated
Services and Supports

Increasing Self /
Community Reliance

Access

critical to the success of any effort at individual recovery as well as delivery systems change.

Partnership and Engagement

promote, establish and sustain healing partnerships regardless of individual's acceptance of specific services

Assessment

first formal step to identify and engage supports and services for each individual's recovery journey.

Understanding

shared understanding of hopes, dreams and goals and ways to overcome recovery challenges and barriers

Personal/Service Planning

strengths-based, consumer-directed and person-centered services/supports

Implementation and Evaluation

a strategy that lays out exactly what needs to be done, the methods and who is responsible for which activity

Self/Community Reliance

increased self-management and community participation with further growth and enhanced well-being



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GUIDE FOR
PERSON-CENTERED
MENTAL HEALTH
SERVICES AND SUPPORTS:
TRANSFORMING CARE TO PROMOTE
WELLNESS AND RECOVERY

CaIMEND Guide

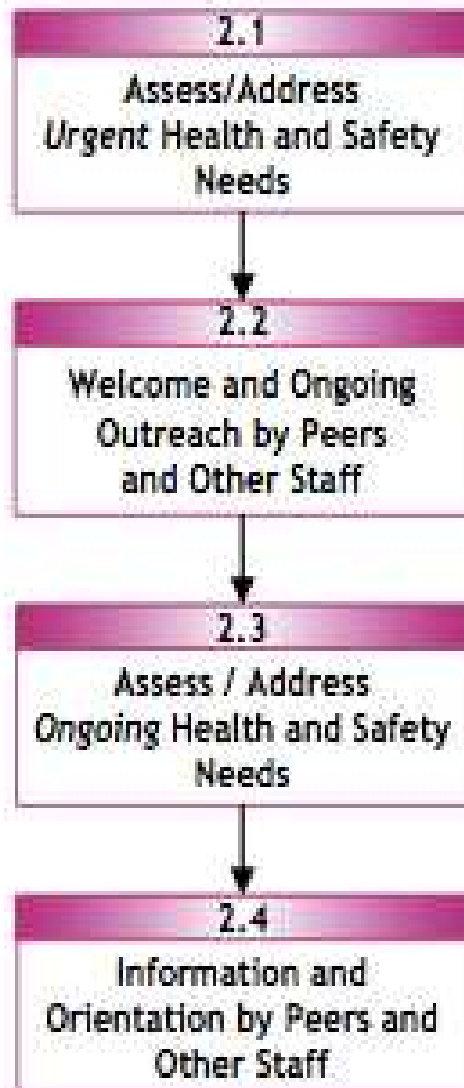
- Narrative companion to Process Map
- Explains and describes the values, intent, concerns in each swim lane
- Provides resources to assist in implementation
- Specifies performance goals and measures to support implementation

Organization of Guide

- Each swim lane is accompanied by one chapter
 1. Access
 2. Engagement in a continuous healing partnership
 3. Assessment (initial and ongoing)
 4. Understanding (of the person)
 5. Planning (personal & service system)
 6. Implementation and evaluation of integrated services and supports
 7. Increasing Self/Community Reliance

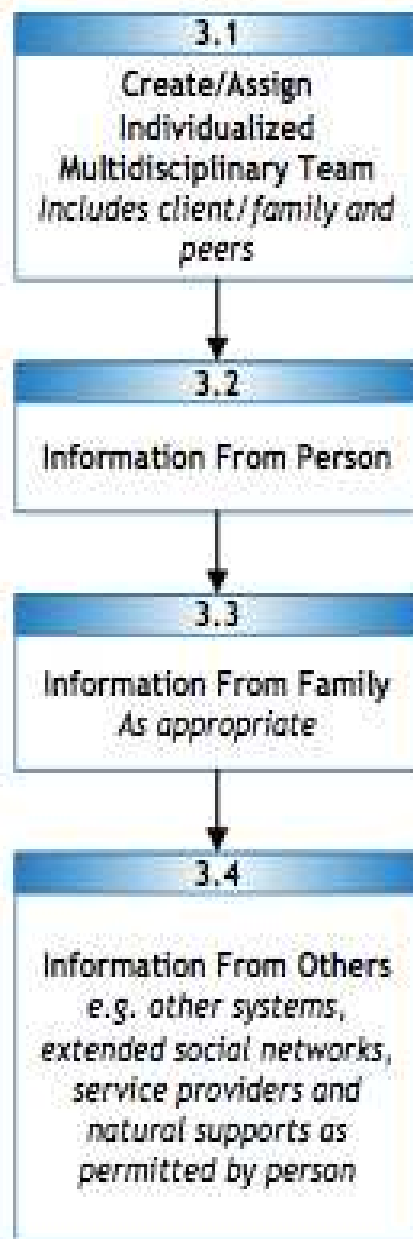
Chapter 2

Engagement in a Continuous Healing Partnership



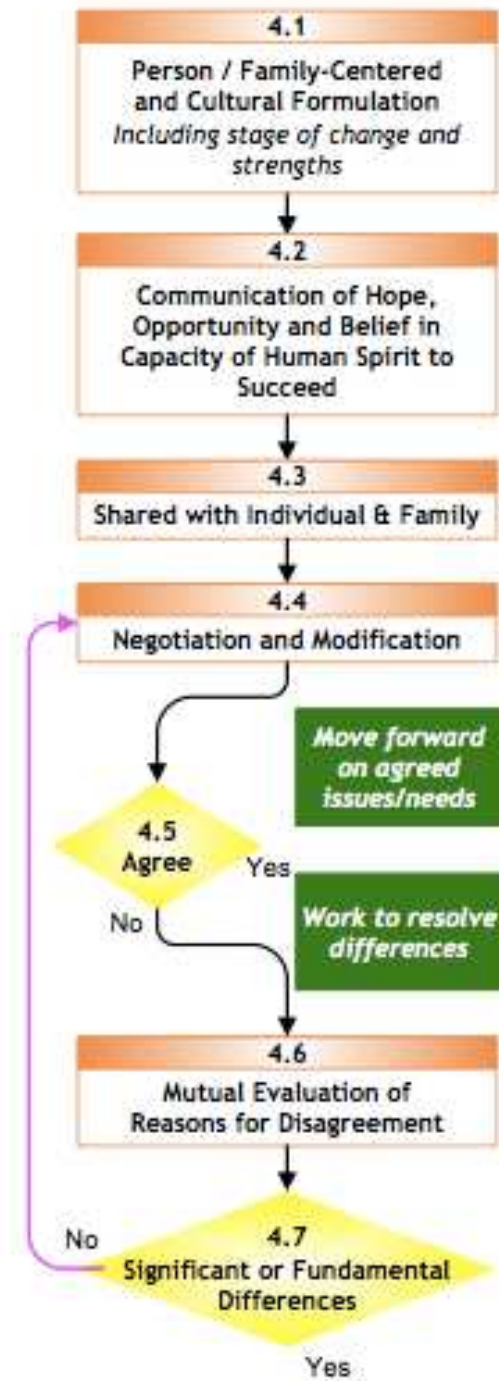
Chapter 3

Initial and Ongoing Assessment



Chapter 4

Understanding



Chapter 5

Personal and Service System Planning



Gottlieb's
4-PLAYER

TARGET ALPHA

NEW! Convertible to ADD-A-BALL!

NEWER THAN
TOMORROW PLAYBOARD
AND ARTWORK THEME WILL
CATCH EVERY EYE!

15 DROP
TARGETS AND
4 FLIPPERS
GENERATE FULL
TOP TO BOTTOM
PLAYBOARD
ACTION.

EACH
TARGET DOWN
INCREASES BONUS
VALUE 1,000
POINTS.

GETTING
ALL TOP TARGETS
DOWN LIGHTS TWO
RIGHT ROLLOVERS
FOR EXTRA BALL
AND SPECIAL
SCORING.

HITTING
5 RIGHT SIDE
DROP TARGETS
LIGHTS LEFT
ROLLOVER FOR
EXTRA BALL.



The Fine
Touch of Quality
and
ORIGINALITY

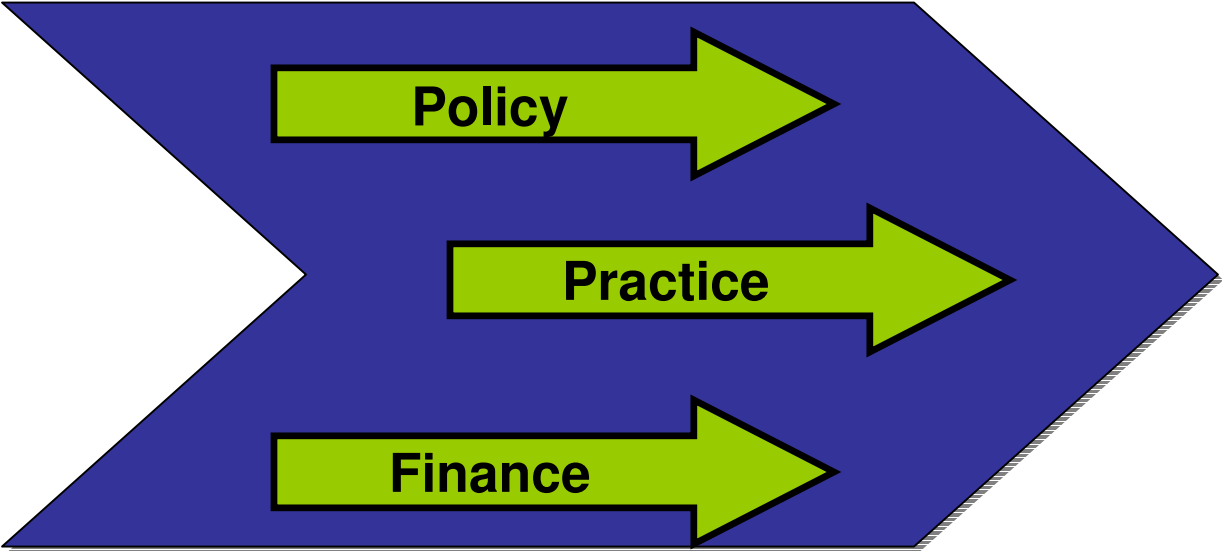
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COPPER
WELDED

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