

*National Research Council and
Institute of Medicine*
**WORKSHOP ON DEPRESSION
AND PARENTING**
April 14, 2008

IV. POLICY, LEGISLATION and
FINANCING

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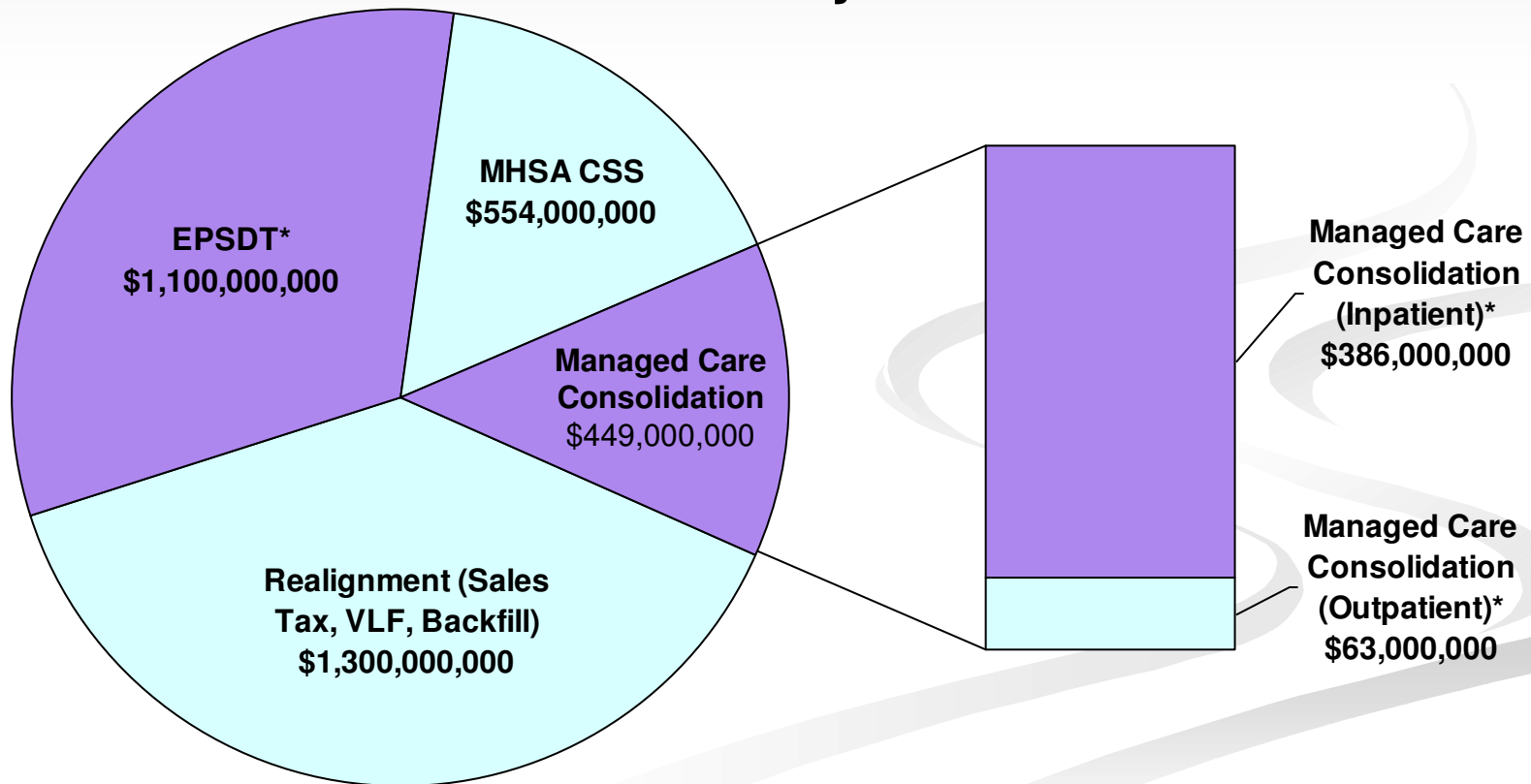
FUNDING STRUCTURES

- n “Realignment” Funds (former State Hospital funding) given to Counties – “Safety net” funding, but only to “to the extent resources are available”; not population based; also used for county match for Medicaid
- n Medicaid – CA Medi-Cal
- n EPSDT
- n CA Proposition 63 – Mental Health Services Act, vehicle for transformation of MH system in CA
- n SCHIP – CA “Healthy Families”
- n CA Proposition 10 – First Five (only services birth – 5 y.o.); less than 10% for MH
- n Federal – Individuals with Disability Education Act (IDEA)

The MHSA = A Fraction of 08-09 Statewide Reimbursement for Direct Services

(Based on the Governor's Proposed 08-09 Budget)

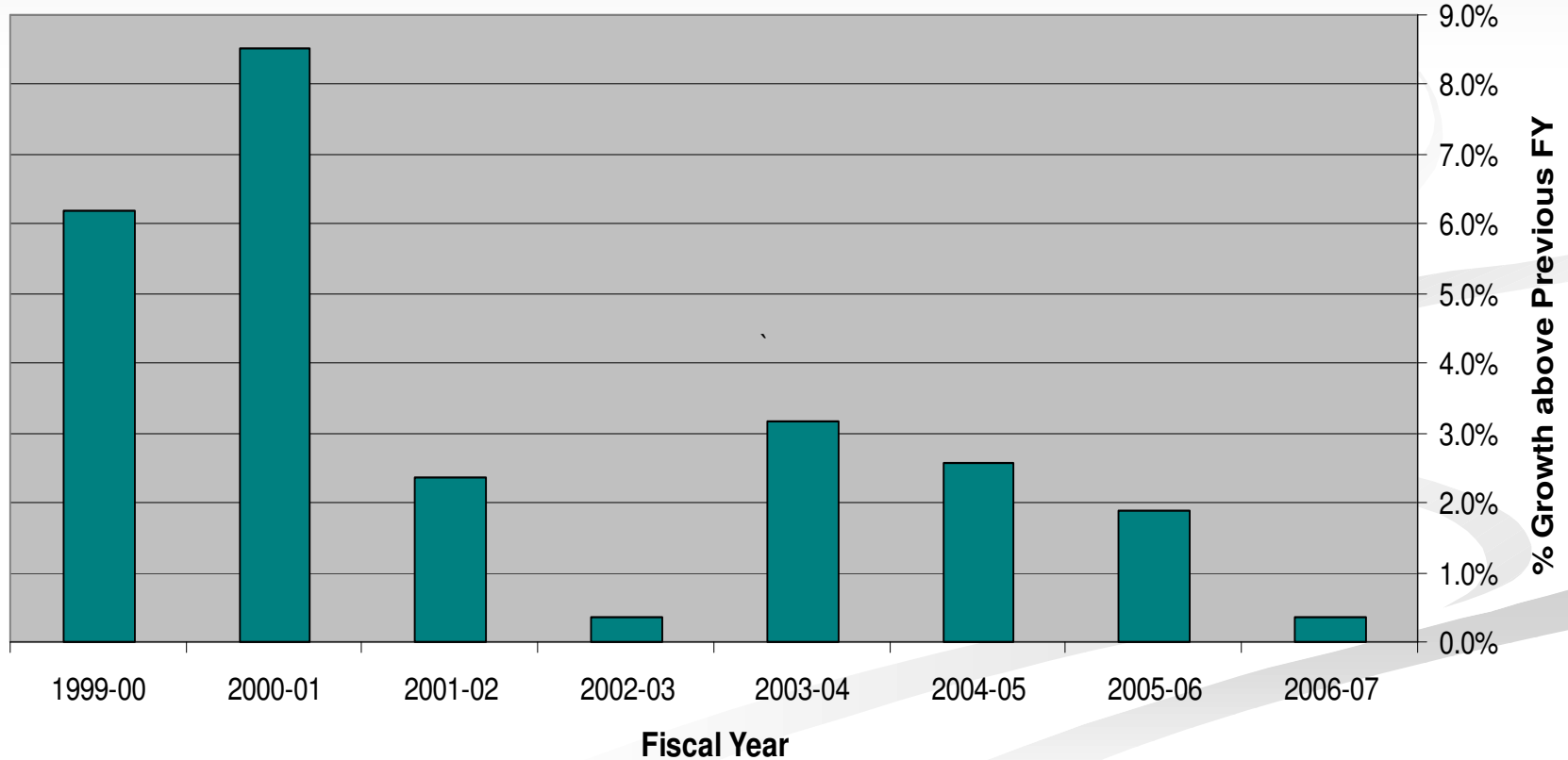
Proportions of Statewide Reimbursements to the County Level



*State General Fund and Federal Financial Participation

Realignment Growth for MH: Fiscal Year 1999/00 to 2006/07

Realignment Funding for Mental Health



POLICY DEVELOPMENT

- n Govt – directed policy development for virtually all MH funding streams
- n Exception – Mental Health Services Act (which roughly accounts for 15 – 20% of CA MH funding)
 - policy making bodies at both State and County level include consumers, parents of children, family members; a structure not endorsed by other human service systems

CHALLENGES/BARRIERS

- n Eligibility for services, i.e. “medically necessary”, in all funding structures is quite variable; “parenting” related services are generally not a reimbursable service
- n CA MH system designed for SPMI, SED; the rule is multiple co-morbid conditions
- n Adaptation of effective interventions for depression AND co-morbid conditions
- n Medicaid is a specialty MH carve-out; basic MH benefit remains with Medicaid primary care HMO’s
- n Primary funding structure “realignment” funds continue to decrease
- n Indigent, especially “undocumented”, have rapidly decreasing access except for emergencies

CHALLENGES/BARRIERS (2)

- n Many MH CBO's have very limited diversified funding
- n Family-centered care is virtually nonexistent
- n Workforce issues
- n Scaling up of exemplary initiatives
- n Sustainability
- n Outdated professional school training content and standards
- n Limited dissemination of EBP's from "lab's" to policy-makers to general public
- n Los Angeles County has 13 "threshold" languages
- n Failure to revise most federal and state policies during past 25 years in light of new scientific research

CHALLENGES/BARRIERS (3)

- n Selection of standards for “parenting” given extent of culturally diversity
- n Quality assurance, accreditation, auditing standards
- n State and County initiatives are often launched in isolation (without inventory of existing potentially complementary efforts)
- n Vulnerable and unique populations
 - incarcerated adults and youth and their families
- n Lack of political will to fleeting political will

OPPORTUNITIES

- n Patching of funding streams at either State or County levels (occasional at County level) to support **family-centered care, family well-being**, and family-centered values, e.g. special populations
 - various adult SPMI funding streams with First 5, MHSA – PEI
 - GF for incarcerated adults/youth who are parents with MHSA – PEI, First 5
- n Patching of funding streams at CBO/provider levels for same
- n Raising awareness among community stakeholders in MHSA policy making bodies about potentially new approaches
- n Performance based pricing and outcomes
- n Katie A lawsuit – children in foster care

OPPORTUNITIES (2)

- n Various EBP's (PCIT, MST, FFT, MTFC) incorporate enhancement of parenting skills; various funding streams from different Co.-depts support these practices in L.A.
- n Various juvenile/criminal justice lawsuits/settlements (re-entry focus)
- n SAMHSA, MCH collaborative projects; collaborative Co.-level MCAH, MHSA, First 5

OPPORTUNITIES (3)

- n First 5 Los Angeles supports organization, L.A. Best Babies Network, recently published Perinatal Depression Resource Guide for L.A. among other early childhood projects
- n Future “Universal” healthcare initiatives