



The Healthy Mental Development of Young Children: Primary Care Provider Connection

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Healthcare and Family Services

- n Single state agency - Title XIX (Medicaid), Title XXI (SCHIP), and *All Kids* (affordable health benefit coverage for all uninsured Illinois children (under age 19), regardless of income)
- n Parents/caretaker relatives – 400% of poverty
- n Pregnant Women (undocumented) – 200% of poverty



About HFS (2)

- n 2.4 million beneficiaries
 - n About 1.5 million beneficiaries under age 21
 - n 51 percent of the State's births (CY 2005)
 - n 95 percent of State's teen births (CY 2005)
 - n 19.6% women of childbearing age – depression
 - n Moms are known to HFS – 63% of HFS' births were subsequent births (2nd or higher) and 17% had a birth interval of less than 18 months (2005 Birth file match)
- n Illinois most demographically mirrors the nation; lessons can be learned from Illinois' experiences



Background: Delivery System

- n Primarily fee-for-service
- n Implemented mandatory managed care (Fall 06)
Most beneficiaries must join the PCCM program, or may select a Managed Care Organization in Cook County or seven other downstate rural counties where MCOs currently exist
- n System Change: Enhanced focus on access and quality, while managing costs
 - n Access to Care – assuring a “*medical home*”
 - n Open access to women’s health services (OB/GYN)



Background: Delivery System

- n **Improvement in Primary & Preventive Care**

- n Content of Care

- n Appropriate Utilization

- n Referral/Care Coordination

- n Focus on Quality

- n Opened an annual adult preventive visit

- n **Outreach for EPSDT services**

- n **Enhanced quality and performance - MCO**

- Contract** (e.g., requires objective developmental screening and perinatal depression screening, assessment, treatment and follow-up)



Focus on Quality

- n **Monitoring HEDIS and HEDIS-like measures**
 - n Establishing baselines
 - n Both PCCM and MCO delivery systems
 - n Ongoing Provider Feedback, comparison with statewide average
 - n Objective Developmental Screening
 - n Perinatal Depression Screening monitoring
 - n Pay for Performance (P4P) strategy being employed



PCCM Status

n **PCCM Administrator** – provider recruitment, client enrollment, quality/compliance, outreach, provider/client training, referral and coordination

n **Current Status**

n Statewide implementation complete

n 1.5M members enrolled; 172,000 – MCO; 1.7M eligible

n PM/PM each month: \$2/child; \$3/parent; \$4/disabled or elderly enrollee

n FFS payment for each service provided; FQHC/RHC required to provide detail



Background: Perinatal Depression Initiative

- n Part of ABCD II initiative designed to assure healthy mental development of young children
- n Many Partners
 - n State Agencies including Mental Health and Early Intervention, UIC
 - n Private Foundations
 - n Professional Associations, Provider Organizations, Provider Groups
 - n Advocate Organizations



ABCD II Initiative & Beyond

- n **Infrastructure Development**
- n **Pilot Communities followed by Statewide Spread**
- n **Sustainability** – Lessons Learned & Integration into PCCP Program
 - n Reimbursement Strategies
 - n Provider Training and Ongoing Technical Assistance
 - n Consultation Line – Connection to Psychiatrists
 - n Medications Chart for Providers
 - n Statewide 24-Hour Crisis Hotline and Referral and Treatment Resources
 - n Includes Mental Health, Early Intervention



ABCD II Initiative & Beyond (2)

- n Client Information – Self-Help Tool, Public Awareness
- n Public Act 95-0469 – Perinatal Mental Health Disorders Prevention and Treatment Act
- n Data monitoring and Provider Feedback
 - n Provider Access to Paid Claims; Other Data



HFS Reimbursement Strategies

- n **Unbundling Services** – reimbursement for objective developmental screening, risk assessment/perinatal depression screening
- n **Clarified policy** – e.g., allow up to 2 objective developmental screenings and 1 risk assessment – same provider/same visit
- n **Provide Reimbursement for Perinatal Depression Risk Assessment**
 - n On mother's number – during prenatal or postpartum
 - n On infant's number - up to a year after delivery

<http://www.hfs.illinois.gov/assets/112904pd.pdf>



Provider Training and Ongoing Technical Assistance

n **EDOPC – Enhancing Developmentally Oriented Primary Care Project**


Training and technical assistance for PCPs to help them develop strategies to effectively provide comprehensive, developmentally oriented health care

<http://edopc.org/>

n **University of Illinois at Chicago – Perinatal Mental Health Consultation Service**

Designed to increase the capacity of prenatal and primary health care providers throughout Illinois to diagnose and treat depression and anxiety disorders during pregnancy and postpartum

<http://www.psych.uic.edu/research/perinatalmentalhealth/>



Consultation Line: Connection with Psychiatrists

n **UIC Perinatal Mental Health Consultation Service**

- n Psychiatric Consultation on Detection, Diagnosis and Treatment of Perinatal Mental Disorders
- n Toll-Free Number: 1-800-573-6121
- n Free Provider Training
- n Web site - <http://www.psych.uic.edu/clinical/women.htm>
- n Antidepressant Medications Chart
http://www.hfs.illinois.gov/assets/091207_mch.pdf

Successful Model – Children’s Psychiatric Consultation Line - under development



Statewide 24/7 Crisis Hotline

- n **ENH MOMS hotline (1-866-ENH-MOMS)**
- n Operated by Evanston Northwestern Healthcare Perinatal Depression Program
- n For women experiencing Perinatal Depression, and their families
- n Provides crisis counseling and referral to community mental health services statewide
 - n In contact with all resources for viable, immediate referrals for mental health assessment and treatment
 - n Partners with community agencies for referrals and resources



Client Information

- n Campaign to remove Stigma - Children's Mental Health Partnership
- n DHHS pamphlet – *Depression During and After Pregnancy – A Resource for Women, Their Families and Friends*
<http://www.mchb.hrsa.gov/pregnancyandbeyond/depression/>
- n State's brochure – *Is it Baby Blues or Something More?*
http://www.hfs.illinois.gov/mch/ppd_brochure.html
- n Web site and linkages to other resources:
<http://www.hfs.illinois.gov/mch/women.html>



Public Act 95-0469

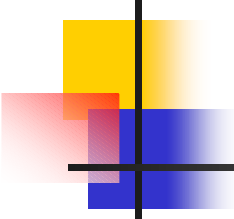
n **Perinatal Mental Health Disorders Prevention and Treatment Act**

- n Effective January 1, 2008
- n Increases awareness and promotes early detection and treatment of perinatal depression
- n Requires licensed healthcare professionals providing prenatal care, postnatal care, and care to the infant to invite the women to complete a questionnaire to assess whether they suffer from perinatal mental health disorders
- n More information
http://www.hfs.illinois.gov/assets/010108_mch.pdf



Perinatal Depression Screening

Number of:	SFY 2004	SFY 2007	% Change
Providers Billing	299	496	66%
Unduplicated Women	13,535	63,472	369%
Screenings	14,969	95,805	540%



Objective Developmental Screening – Increase in Providers

Unique Providers Billing for Objective Developmental Screenings (06/07)

SFY 2003	SFY 2004	SFY 2005	SFY 2006	SFY 2007	% Change
343	382	437	901	1,090	218%



Developmental Screening and Subsequent Early Intervention

Age Groups	SFY 2003	SFY 2004	SFY 2005	SFY 2006	SFY 2006	% Change
Under 12 months	429	510	672	808	1,262	194%
Between 12-24 months	982	1,184	1,531	1,904	3,151	220%
Between 24-36 months	575	751	964	1,485	2,962	415%