

# THE NATIONAL ACADEMIES

*Advisers to the Nation on Science, Engineering, and Medicine*

Division of Behavioral and Social Sciences and Education  
and the Institute of Medicine  
Board on Children, Youth, and Families

## Workshop on Depression and Parenting

Sponsored by The National Research Council-Institute of Medicine  
Committee on Depression, Parenting Practices, and the Healthy Development of Children

### Provisional Agenda

Monday, April 14, 2008

Beckman Center Auditorium  
Irvine, California

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#### Workshop Goals:

1. Explore innovative strategies or programs that integrate mental health services for depression, parenting, and child development services within various settings (e.g., community, primary care, juvenile justice, child care, home visitation) for diverse populations of children and families.
2. Explore existing opportunities for intervention as well as existing barriers to implementation, including public policy strategies, infrastructure of systems, and funding mechanisms given the large numbers of depressed parents.
3. Explore existing strategies that businesses consider for reimbursing and implementing early intervention and prevention mental health services for employees who are diagnosed with depression.
4. Explore existing strategies and programs that ensure interventions are appropriate for diverse populations, including culture, language, family structure, and multigenerational issues.

### PROGRAM

8:00A Registration

8:30A Welcome Remarks  
**Mary Jane England, MD, Committee Chair**

8:35A – 10:25A **Session I: Integration of Mental Health, Parenting, and Child Development Services in Medical and Other Care Settings**

Objective: Explore the identification, screening, treatment, or referral for depression in parents in a variety of medical and other settings (OB/GYN, Pediatrics, Family Practice, Community Mental Health, Community Health Centers) that serve women, children, and families; the interface or integration of MH services for depression in primary care through county-government service

structure; and capacity building to facilitate better access to quality services in these settings.

**Elizabeth Howell, MD, Panel Moderator and Committee Member**

**Laura Miller, MD**, University of Illinois at Chicago, UIC Women's Mental Health Program

**Cynthia Minkovitz, MD, MPP**, Johns Hopkins Bloomberg School of Public Health

**Nancy Peña, PhD**, Santa Clara County Mental Health, The County Mental Health Directors Association, California

**Allen Dietrich, MD**, Dartmouth Medical School, MacArthur Foundation Initiative on Depression & Primary Care

**Amy Russell, MD**, Clinica Campesina, Colorado

**Patrick Finley, PharmD, BCPP, Discussant and Committee Member**

10:25A – 10:45A

Break

10:45A – 12:30P

**Session II: Unmet Needs and Challenges in Addressing Depression in Parents**

Objective: Explore issues which create unique challenges to providing quality mental health services for depression for parents and their children, particularly for a diverse society and in care settings alternate to medical settings.

**Sergio Aguilar-Gaxiola, MD, PhD, Panel Moderator and Committee Member**

**Barbara Yawn, MD, MSc, FAAFP**, Olmstead Medical Center and the University of Minnesota

**Sandra Naylor-Goodwin, PhD**, California Institute for Mental Health

**William Vega, PhD**, University of California, Los Angeles

**Kenneth Wells, MD, MPH**, University of California, Los Angeles

12:30P – 1:30P

Working Lunch

Topic: Report dissemination and implementation

1:30P – 3:15P

**Session III: Innovative Models: Integrating Parenting, Mental Health Services for Depression, and Child Development**

Objective: Exploration of innovative service-level programs/models to address issues related to parenting, depression, and child development in multiple sectors with a variety of community-based programs

**Constance Hammen, PhD, Panel Moderator and Committee member**

**Jeanne Miranda, PhD**, University of California, Los Angeles

**Deborah Saunders**, Illinois Office of Healthcare and Family Services

**Paula Zeanah, PhD, MSN, RN**, Tulane University, Louisiana

**The Honorable Cindy Lederman, J.D.**, Administrative Judge Juvenile Court, Eleventh Judicial Circuit, Dade County, Florida

**Joanne Nicholson, PhD**, University of Massachusetts Medical School, Center for Mental Health Services Research

**Mareasa Isaacs, PhD, Discussant and Committee Member**

3:15P – 3:30P

Break

3:30P – 5:15P

**Session IV: Policy, Legislation, and Financing**

Objective: Exploration of infrastructural barriers that facilitate or impede the implementation or replication of promising or best practices at any level (regional, state, multi-state, national) or for larger-scale implementation in a variety of settings.

**Mary Jane England, MD, Panel Moderator and Committee Chair**

**Emily Nahat**, Prevention and Early Intervention, California Department of Mental Health

**Neva Kaye**, National Academy for State Health Policy

**William Arroyo, MD**, Department of Mental Health, Los Angeles County

**Neal Adams, MD, MPH**, California Institute for Mental Health

**Saul Feldman, PhD**, Emeritus, United Behavioral Health

5:15P – 5:30P

**Closing Remarks and Adjournment**

**Mary Jane England, MD, Committee Chair**